



Finding Support Online

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Within hours of losing my stillborn baby, Jonathan, my mind raced with ideas of how I could keep my thoughts occupied, which I now realize was an attempt to escape the reality of his death. We planned a trip to the beach, I decided to throw my husband Byron a surprise birthday party, and I envisioned a newly landscaped backyard. Two months after our loss, all three of the projects I had planned in the hospital were completed, so I needed something else to fill my time. Byron and I decided to purchase a home computer, although neither one of us knew what exactly we would do with this new piece of high-tech equipment. After being purchased and hooked up in the corner of our bedroom, basically our PC served no purpose for several months other than late-night solitaire games.

In the midst of my deep grief, I was desperate to correspond with other moms who had experienced a loss like mine. I had heard of people using the Internet for all kinds of communication and wondered if anyone ever "talked" about sensitive issues such as stillbirth online. However, in 1996 not too many people I knew had access to the Internet, so I wasn't sure where to begin. I mentioned my idea to a neighbor who was a "computer nerd", and he thought it was a great idea—certainly worth our obtaining Internet access. Once online, it took several days for me to know how to begin my search. My neighbor very nicely researched grief sites for me and directed me to Tom Golden's Grief page. From there I found another grief site called *Zoom*, where I posted the story of Jonathan's stillbirth. Within days I received an email from a lady named Jeanette Wayne in North Carolina who had also recently suffered the loss of her stillborn daughter, Olivia. She introduced me to the Internet listserv *Infanlos* and instructed me how to subscribe. Once a member, I immediately began receiving email from people from all parts of the globe who had lost babies. The messages bombarded my computer screen every day and contained all kinds of threads of conversations pertaining to pregnancy and infant loss. I was absolutely amazed that such support existed! I sat glued to my

screen for hours on end absorbing the words of every message submitted. It was an incredible relief to "talk" to people who finally completely comprehended what I was feeling. I realized all the emotions I was experiencing were normal and I was not alone. The hours I read and typed were very private. I found myself telling complete strangers, yet comrades, my deepest and most personal thoughts concerning my grief. Wondering what I was doing, many times Byron would curiously lean over my shoulder to read what I was typing. This irritated me extremely, because for some reason, at the time, I didn't even want him to know what I was experiencing emotionally. Looking back it seems crazy to me that I shared such intimate thoughts with these cyber friends, but I cannot express the healing it brought.

The virtual support I received played a vital role in my eventual starting of M.E.N.D. I knew that I needed to bring this type of support out of cyberspace and into the real world where we could share face-to-face. Once M.E.N.D. was established, it was my next goal to have a web site that would enable grieving parents from all over the world to know about our ministry and find lists of resources, support groups in their area and have the opportunity to correspond with other grieving parents. Friends of ours, Max and Jody Friz, who had suffered two miscarriages, wanted to help M.E.N.D. in some way. Once Max learned of my wish for a website, he graciously offered to create one and to maintain it free of charge. Max and Jody served as our web masters for more than five years. There's no doubt that M.E.N.D. would not be what it is today if it were not for Max and Jody and their generosity. Currently the web site has most of our past newsletters posted that visitors are welcome to print and copy. We have a variety of resources listed that are different from what we print in our newsletters. And most importantly, our guest book provides a way to establish a pen-pal relationship with other grieving parents. If you haven't taken the time to browse our site, I strongly encourage you to do so (www.mend.org). And if it has been a while since your loss and you are looking for ways to reach out to others, respond to the posts of newly bereaved parents and let them know they are not alone.

I know there is an enormous amount of corruption on the Internet, but I also know there are sites that can be literal life-savers. I often wonder what my emotional state would be if it hadn't been for the friends I made on my computer. Certainly I drew strength from the Lord, but He used my PC to send people my way and direct me to the support I needed. I still remember many of the ladies I burned midnight oil with seven years ago, and I thank God they were there for me when I needed an empathetic friend. I hope that just as the Internet group *Infanlos* comforted me, we at M.E.N.D. can comfort you.

Rebekah Mitchell

Note: Sadly, to my knowledge *Infanlos* no longer exists on the Internet.

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The kindness of strangers

Tens of thousands of women grieving over pregnancy loss turn to the Internet every day. It is the one place where they can receive unconditional, and immediate, support.

By Patti Hartington for *The Boston Globe Magazine*

It's a few days before Christmas 2000, well past midnight, and I'm planted in front of my home computer in a dark room illuminated only by the glow of the screen. My husband sleeps soundly upstairs while I surf the Internet. This is my late-night sanctuary, my private passion. No, I'm not peeking at porn sites or playing the stock market. Like the women whose stories are chronicled above, I am scouring the miscarriage bulletin boards, catching up with people I have come to know over the last year. I methodically - some might say obsessively - read each new post, following the stories of folks with screen names like StillHoping or LostAngels, women who, like me, are drawn to these boards after suffering recurring pregnancy loss. Needless to say, Christmas is a difficult time of year for the habitués of these sites, what with all those inescapable images of mother and child, all those songs and poems about babies in mangers and children nestled all snug in their beds. The yuletide carols and customs, once cozy reminders of more innocent days, now seem like cruel taunts, constant reminders of a secret, aching void.

And so every night I join the other women on the miscarriage and grief bulletin boards at www.inciid.org, the web site of the International Council on Infertility Information Dissemination. This particular holiday season, another visitor to the boards has made a string of wooden stars to hang on her Christmas tree, and she has asked the other women to send her the names of their children or the dates of the loss; she promises to paint those names or dates on the stars and hang them on her tree. I send her the information, and her kindness gets me through the night. More than a year later, I can't even remember the woman's screen name. I don't even know where she lives. But I do know that, somewhere, every Christmas, this stranger commemorates my sorrow, acknowledging a grief that few people even know about or have chosen to ignore. I get misty-eyed just thinking about it.

I should point out that this is out of character for me. As a onetime staff member of the *Globe*, I spent a few years writing about Internet culture, chronicling the subcultures and characters who carved out alternative identities on this intriguing new medium. I was an observer who delighted in discovering eccentrics, like the Web satirist who worked naked in his Marina del Rey, California, home or the former programmer who redefined herself as an artist online. But like most reporters, I distanced myself from the subjects I covered. I wrote about people who sought support online, but I didn't seek such help myself. I was a journalist, not a joiner.

Until the miscarriages.

The first was in August 1999, when I was pregnant with twins. After trying to conceive for some time, my husband and I were ecstatic. But nobody told us that I might lose the babies before we saw a heartbeat; somehow, they left that part out. We were totally unprepared for the day when the ultrasound revealed two embryos that didn't make it; the technician left me lying on the exam table, legs propped in the stirrups, while she ran to consult the doctor. The next one was about a year later; this time, I did see the heartbeat, and that little fighter struggled to survive, but, alas, she didn't make it. I had another early loss a few months later.

I returned to the bulletin boards after each miscarriage, desperately seeking comfort in the keystrokes of strangers. Sometimes I would type in a long treatise on grief or anger, and other times I'd just post a simple subject line, like "Why, why, why?" Within hours, sometimes minutes, the replies would appear, ranging from Zenlike advice bestowed by distant philosophers to prayers to the simple repetition of my name written in brackets - the cyber equivalent of a good, warm hug.

The singular allure of this kind of communication might seem elusive to those who haven't lived through a miscarriage. It isn't, after all, something one talks about in polite society. You take care of the medical problem, and then you're supposed to put on a happy face and cheerfully repeat the axiom "If at first you don't succeed . . ."

You're not supposed to crumble or break down, the way you might after the death of any other loved one, so most women carry the grief internally while trying to go on with their "normal" lives. On the outside, you try to look like a perfectly competent professional, carrying out your job responsibilities, going to the gym, negotiating rush-hour traffic without endangering pedestrians. But on the inside - that's another story. You feel like an overwrought character in a foreign film, wailing and pacing the hallways of some barren castle, unkempt hair flying behind you as a storm rages outside. You feel like a figure in an Edvard Munch painting, face gaunt, eyes crazed, images of blood and death looming in the background. And it gets worse with each miscarriage; simply put, recurring loss robs you of your capacity for joy.

But that's not what the world sees. It usually sees a person who soldiers forward, who politely responds to all the clichés and platitudes offered by well-meaning but clueless folks. The Internet, though, provides an alternative universe, a place where you can be that grieving character who rants and raves or who simply asks for a little TLC. It's a place where, at long last, the silence has been broken, where, for once, you don't feel so terribly alone.

Our Experience

by Jessica Shumate

Babies dying,
women crying.
We may never know why,
our babies had to die.
We meet everyday,
and listen to what others have to say.
"Meet our new mom" is on my screen,
I try to wake up, but it's not a dream.
Other people who know how I feel,
who tell me, I will never heal.
I know this is true,
since it happened to you.
We all have our stories,
but in them there is a little glory.
I try to help other mothers out,
because I know what their pain is all about.
As I too come here to shout and scream,
I find a place where I can lean.
Women who know what I'm going through,
and if your baby died, then so do you.
We find the strength to try again,
often a long road we will begin.
When we're in heaven we will know why,
our precious babies had to die.
Until then, I will come here everyday.
For all of us, all we can do is pray!

Dedicated to the wonderful support groups I have found. So many women and friends ... I hate that we have met, yet I could not survive without all of you! Thanks for always listening. I would not be in the state of mind I am without all of you! I love each of you. You are in my prayers!

To join Jessica's online group, e-mail ourlossheavengain-subscribe@yahoo.com.



*In memory of Paxton Dane Shumate
Miscarried 12/22/00—Cause Unknown
Parents: Clinton and Jessica Shumate
Little sister: Maddie Mae*



March/April Topic

Helping Children Deal with Loss

Deadline—January 31, 2003

May/June Topic

Mother's Day/Father's Day

Deadline – March 31, 2003

Stories, poems, thoughts, and/or feelings regarding these topics are welcomed. Submissions must be received by the deadline to be considered for publication in the newsletter. Unfortunately, there is not enough room to include all submissions. Choices will be left to the discretion of the editors. Please see the back page of the newsletter for the appropriate address to send your submissions. Any submission printed in our newsletter will also be posted to our website indefinitely unless we receive notice in writing that you are only granting permission for your submission to appear in the printed version of the newsletter.

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M.E.N.D. Support Group Meetings

Regular M.E.N.D. meetings

are held the
2nd Thursday of every month from
7:30 – 9:00 p.m.

**Mommies AND daddies are both
welcome at all of our meetings.**

Matters of Faith

Bible study

meets every 3rd Thursday, 7-9 p.m.
Please contact Jana Spigener
at (817) 468-9963 or
heartblossoms@msn.com if interested.

Playgroup

*For families with children born prior to
or subsequent to a loss.*

Contact Pam Morren
at (972) 335-8202
ashtonsmom98@hotmail.com

*(Playgroups meet at various locations
around the Dallas/Fort Worth Metroplex.)*

Join us in a time of sharing experiences.

Our daddies group

meets the 2nd Thursday of

March, June, September, and December
from 7:30 – 9:00 p.m.

**This is a special time for daddies to get to-
gether and discuss concerns unique to them
as fathers. Our moms and dads meet to-
gether for introductions before dividing into
two groups for discussion.**

All support group meetings are held at:

**1159 Cottonwood Lane, Suite 150
Irving, Texas (Las Colinas) 75038**

(This is on the west side of MacArthur Boul-
vard, across the street from the Four Seasons
Resort. There is a Holiday Inn Express at the
entrance of Cottonwood Lane.)

For more information or directions,
call (972) 459-2396.

Subsequent pregnancy group

meets the 4th Tuesday
of each month from
7:30 - 9:00 p.m.

*For families who are considering becoming preg-
nant or are currently pregnant after a loss.*

Subsequent pregnancy birth class

*For families who are near their due date with their
subsequent pregnancy.*

This one-night childbirth refresher meets once
every three months and is conducted by one
of our M.E.N.D. moms, Allyson Smith,
R.N. The group requires a minimum of three
participants to meet. For more information
contact Allyson at ssmith@dallas.net or (972)
899-0405.



Birthday Tributes to Our Special Babies

Happy 2nd Birthday to our dear beautiful little Ivy Adrianna!

Our little princess is now two. Not one day goes by that I don't think about you and wonder what you would be like. We love and miss you sweetheart!

Love, Mommy, Daddy, & your baby brother Noah

*In memory of Ivy Adrianna Shirley
Stillborn December 21, 2000
Placenta abruption
Parents: Jeff & Sunshine Shirley
Sibling: Noah Ivan*



Beloved daughter Angela,

One year ago today, we held you in our loving arms. Your legacy is written upon our hearts. The memory of your perfectly formed body is emblazoned in our minds: your sweet brow, your beautiful hands, your gently curving cheek ... The short time we were together is filled with memories that will never fade: the feel of your fragile skin against our lips, the smell of you filling our nostrils, the taste of our tears that seem to flow on and on, the smoothness of your hair, the cries of grief from all who loved you ... Though this past year has been filled with sorrow and pain, we are comforted knowing that Jesus has spent this last year fulfilling our roles. Please know how much we love you and how much we miss you. Save a spot for us so that we can be reunited forever. Happy First Birthday in Heaven.

Agape,
Mommy, Daddy, Andrew, and Abbie



*In Loving Memory of Angela Mercy Boltz
Stillborn 10/21/01 due to unknown causes
Parents: Cory and Dawn Boltz
Older siblings: Andrew and Abbie*

Happy 3rd birthday, Lauren!

We miss you and love you.
Mommy & Daddy,
Twin brother Zachary
and in memory of
Blake Leland
4/21/99

*Lauren Grace Allen
February 13, 2000,
Cord accident
Parents: Jan and Sean Allen
Lauren's twin brother: Zachary*



In loving memory of our precious son,
Jameson Cole Ripple,

Happy 1st Birthday!

We think of you always
and often speak your name.
God has you in His keeping;
we have you forever in our hearts.
Our hearts still ache in sadness.
We love and miss you dearly!

Love,
Mommy, Daddy, Julianna, and Jared

*Jameson Cole Ripple
12/14/01-12/22/01
Campomelic Dysplasia
Parents: Dawn and Kevin Ripple
Big sister: Julianna
Little brother: Jared*



Our precious son,
We can't believe two years have passed since we first laid eyes on you. Yet not a day goes by that our thoughts don't turn to you at some point... We laugh, we cry, and we remember.

As we look into the face of your new baby sister we wonder... What would you be like, look like, act like? You have the same nose, but she has chubby baby cheeks that you never knew. You were too early to stay, too precious to forget.

Happy 2nd Birthday, Cade!!

We love you,
Mommy, Daddy, and baby sister Karis

*Cade Randal Crenshaw
Feb. 21—March 5, 2001
Severe brain hemorrhage, infection in the stomach
Parents: Krista and Bruce Crenshaw
Little sister: Karis*



Happy 2nd Birthday Jacob!

You are missed dearly and will be in our hearts forever.
We love you!

Love,
Mommy, Daddy,
Bethany, Victoria and Alexis

*Jacob Kenneth Southard
January 15-January 17, 2001
Prematurity
Parents: Bridget and Ken Southard
Sisters: Bethany, Victoria,
and Alexis*

Happy Birthday, Ashleigh.

We love you and miss you and are so glad to know that there is life after death.

*In loving memory of
Ashleigh Jean Withrow
January 22, 2000
Placental abruption and prematurity
due to thrombophilia.
Mommy: Vanessa Withrow
Little brother: Jordan Dean Gregory Withrow
Grandparents: Dean and Jeanine Max*



Happy Birthday Andrew!

Mommy loves you and misses you daily!

*Andrew Joseph Jack
November 11, 2000
Heart attack during labor
Mommy: Patty Jack*

**Happy Birthday, Brian!**

You are always in our hearts.

Love,

Mommy and Daddy

*Brian Levin Wise
Parents: Kevin and Wendy Wise*

*Stillborn October 29, 2000
Due to pre-eclampsia
and placenta abruption.*

As I look through the cards at the local Hallmark, I sadly realize there are no cards for babies in Heaven. There are so many beautiful things that remind me of my sweet angel, but nothing beautiful enough for her. So, I try to hide my tear-stained face as I leave so the lady behind the counter doesn't see me. I buy teddy bears, roses, and cute little figurines that Natalie would like. But, still, what do you buy an angel for her 2nd birthday?



Happy birthday 'Little Miss'! We love and miss you so much!!

-Love Mommy

Happy Birthday little sis! Love you & miss you!

Hugs and Kisses from your big brother, Kristopher

*In loving memory....Natalie Grace Powell, 1/3/2001
Cause: Placenta damage from high blood pressure
Parents: Halie and Greg Powell
Big brother: Kristopher*

He pruned my branches and cut my tree
God did that when He took you from me.
He cut me back to help me grow,
Why He did this, I do not know.
Your life was cut short so that mine could flourish,
You are the child I would never nourish.
So many people are given a chance,
But you and I never got to dance.
Now you Walk On The Wind,
The paths of your fingers I can trace,
When you blow your gentle breeze across my face.
Oh God, give me strength and enduring grace,
Jeremiah, my son, I can never replace.
The dust of your body and ashes I keep,
They continue to remind me of your Eternal Peace.
God gave you to me, then took you away,
We never had the chance to run or play.
The clouds up in Heaven are the dust of God's feet,
I know one day that's where we will meet.
The tree that was pruned on that cold October night
Will flourish with beauty when I have you in my sight.
My heart will be complete, I will not hurt anymore,
When I meet you in Heaven
My precious son, my darling boy.

*In loving memory of
Jeremiah Lynn Johnson*

October 8, 1999

Pre-term labor

Parents: Lecia and Randy Johnston

Siblings: Joey and Katie

**Happy 5th Birthday, Maya!**

We miss and love you.

Daddy, Mommie, Erin and Brandon

*Maya Denise Ates
January 6, 1998
Stillborn due to clot in umbilical cord
Parents: Tammie and Horace Ates
Siblings: Erin and Brandon*

**Happy 1st Birthday Gabriela!**

Our darling daughter Gabriela, we know you are playing in Heaven and having lots of fun with your friends. Daddy and Mommy wish you a happy first birthday! We know we will see each other again in Jesus' time. We miss you desperately.

Love Always,
Daddy and Mommy

Greatest joy
Always in my heart
Beautiful face
Remembered daily
Immasurable love
Excruciating loss
Lifetime of memories
Absent from our lives
Father's jewel
A gift from God
In the arms of Jesus
Together in eternity
Heaven's gain

Para Gabriela

Querida Gabriela,
nuestra bella nieta,
te fuiste temprano
en busca de Dios
y nos dejaste solos
con todo este amor!
Teniamos tantos planes
para compartir con vos,
enseñarte lenguas,
alguna canción,
contarte bellos cuentos
de la Cenicienta y el Patito feo,
ponerte en la cuna
con una canción.
'Arroro mi nina,
aroro mi sol,
aroro pedazo
de mi corazon'.
Pero un dia de estos
me encontrare con vos,
y jugaremos ronda
con esta canción.

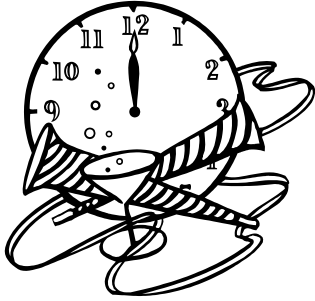
Tu Nanny Emy

Happy first birthday Gabriela!
from Papo and Nanny

*In loving memory of Gabriela Faith Gregory
January 24, 2002*

Cord Accident

*Parents: Chris and Monica Gregory
Grandparents: Fidel and Emy Matassa*



A Prayer for the New Year

(Author Unknown)

*God of the years that lie behind us,
Lord of the years that stretch before;
Weaver of all the ties that bind us,
Keeper and King of the open door:
Grant us hope and courage glowing
White and pure as the stars above;
Grant us faith in a full stream flowing,
From the heights of Your eternal love.*

*Out of the ruins of doubt and sorrow,
Out of the aches and pain and tears,
Help us to fashion a new tomorrow,
Free from the anguish of blighting fears.
All through the seasons of sowing and reaping,
All through the harvest of song and tears,
Hold us close in Your tender keeping,
O Maker of all New Years!*

Reprinted from *Bereaved Parents Share II*, February—April 1999

Subsequent Births

***Jeff and Rusti Johnson,
along with brother Ryan
and sisters Ashlee and Baylee***

of Lake Worth, Florida,
are thrilled to announce
the safe arrival of
Kylee Faith,
born November 3rd, 2002,
weighing 9 pounds and 21 inches long.
The Johnsons lovingly remember
Hallee Paige,
July 4-15, 2000,
complications of surgery
after repairing cardiac defects.

***Jason and Kristen Walton,
along with sisters Jessica and Laura***

of Carrollton, Texas,
joyfully announce the birth of
Joshua Samuel,
born August 16, 2002,
1 lb., 14 oz., 14 inches.
Joshua came home December 3, 2002,
7 lbs., 15 oz., 19 1/2 inches.
The Waltons lovingly remember
Kyle Charles,
November 19, 1998,
Group B Strep.
With God all things are possible
(Matthew 19:26).

Kevin and Kim Karkos

of Keller, Texas,
proudly announce the adoption of
Samuel Ryan,
born August 8, 2002,
7 lbs., 3 oz., 19 1/4 inches.
The Karkos lovingly remember
Ryan Joseph,
November 19, 2000.



Kevin and Wendy Wise

of Chandler, Arizona,
joyfully announce the arrival of
Jacob Brinton,
born February 3, 2002, at 8:39 p.m.,
7 lbs., 5 oz., 20.5 inches long.
Kevin and Wendy lovingly remember
their first son,
Brian Levin,
stillborn October 29, 2000,
due to pre-eclampsia
and placenta abruption.

Shannon and Chris Outen

of Arlington, Texas,
joyfully announce the arrival of
Erin Carolina,
born October 14, 2002,
6 lbs., 8 oz., 19 inches long.
The Outens lovingly remember
Carter Patrick,
stillborn November 6, 2000,
unknown cause,
Baby Outen,
miscarried April 3, 2001,
and Baby Outen II,
miscarried October 5, 2001.

Krista and Bruce Crenshaw

of Sun Prairie, Wisconsin,
joyfully announce the arrival
of their new daughter
Karis Annalise,
born October 17, 2002, at 1:14 a.m.,
7 lbs., 1 oz., 18 1/2 inches.
The Crenshaws lovingly remember
Cade Randal,
February 21 - March 5, 2001,
premature labor
due to incompetent cervix.

Matthew and Naomi McIntosh

of Dallas, Texas,
joyfully announce the arrival of
Mya Quinn,
November 13, 2002, (8 weeks early)
6 lbs., 9 oz., 19 inches.
The McIntosh family lovingly remembers
Griffen Caleb,
stillborn June 6, 2001.

***Paul and Jennifer Warrington,
along with big brothers Cole and Luke***

of Prospect, Kentucky,
would like to introduce their newest miracle,
Beau Adam,
born April 24, 2002,
7 lbs., 21 inches long.
The Warringtons lovingly remember
their second son,
Ryan Samuel,
stillborn February 8, 1998,
due to premature labor/placenta abruption.

***Kathryn and Scott Cox,
along with big sister Graceanne***

of Garland, Texas,
joyfully announce the birth of
Jillian Faith,
November 11, 2002,
11 lbs., 22 inches.
The Coxes lovingly remember
Elizabeth Ellen,
October 25, 2001,
due to multicystic kidneys.

***Jessica and Charles Moore,
along with siblings Summer and Charlie***

of Dallas, Texas,
gratefully announce the birth of
Kallista Hayley,
born December 12, 2002,
6 lbs., 9 oz.
The Moore family lovingly remembers
Zoe Lyla,
October 12, 2001,
due to multiple anomalies.

***Heidi and Jeff Johnson,
along with big brother Ryan***

of Flower Mound, Texas,
announce the arrival of
Andrew Joseph,
born December 12, 2002, at 10:47 p.m.,
6 lbs., 15 oz., and 18 inches long.
The Johnson family lovingly remembers
Joshua David,
stillborn September 5, 2001,
due to a cord accident.

Helpful Reading ...***A Deeper Shade of Grace***

by Bernadette Keaggy.
Sparrow Press, Nashville, TN, 1993.

Blossoms of My Heart

by Jana Spigener
Heartblossoms Publications
817-271-6806
heartblossoms@msn.com

Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage Stillbirth, or Tubal Pregnancy

by Pam Vredevelt.
Multnomah Press, Sisters, OR, 1984

Empty Cradle, Broken Heart – Surviving the Death of Your Baby

by Deborah L. David, PhD.
Fulcrum Publishing, 350 Indiana St.,
Golden, CO 80401, 1991

Free to Grieve

by Maureen Rank.
Bethany House Publishers
6820 Auto Club Rd.
Minneapolis, MN 55438

Grieving the Child I Never Knew:

A devotional companion for comfort in the loss of your unborn or newly born child

By Kathe Winnenberg
Zondervan Publishing House

Heaven's Not a Crying Place

by Joey O'Connor.
To order, visit his website at
<http://www.joeyo.com/>
or e-mail joey@joeyo.com

I Can't Find A Heartbeat:

Hope and Help for Those Who Have Lost an Unborn Child

By Melissa Sexson Hanson
Review and Herald
Publishing Association

I'll Hold You in Heaven

by Jack Haford.
Regal Books
Ventura, CA

In a Heartbeat

by Dawn Seigrist Waltman
The B & B Media Group, Inc.
109 S. Main St.
Corsicana, TX 75110
www.tbbmedia.com
1-800-927-0517, ext. 106

In Search of Hope

by Susan R. Lowe
AmErica House
www.publishamerica.com

Letters to Gabriel

by Karen Garver Santorum,
wife of Senator Rick Santorum
To order, call 800-935-2222.

Losing You Too Soon: Finding Hope After Miscarriage or the Loss of a Baby

by Bernadette Keaggy
Harvest House Publishing

Loss and Grief Recovery

Help Caring for Children with Disabilities, Chronic or Terminal Illness
by Joyce Ashton with Dennis Ashton.
Baywood Publishing

Morning Light – Miscarriage, Stillbirth and Early Infant Death from a Catholic Perspective

by Bernadette Zambri.
To order, call 905-278-2058 (in Canada).

The Rocking Horse Is Lonely – and Other Stories of Fathers' Grief

by James D. Nelson, Editor.
Pregnancy and Infant Loss Center,
1421 E. Wayzata Blvd., Suite 30,
Wayzata, MN 55391, 1994

Silent Grief

by Clara Hinton.
Published by New Leaf Press

A Silent Sorrow

by Ingrid Kohn.
Bantam Doubleday Dell Publishing Group, Inc.,
666 Fifth Ave., New York, NY 10103, 1992

Surviving Grief by God's Grace

by Richard Battle
1st Books Library
www.1stbooks.com/bookview/9575
1-800-280-7715

36 Hours with an Angel

by Lindsay Roberts.
Richard and Lindsay Roberts Ministries,
P.O. Box 2187, Tulsa, OK 74171

Time Piece

by Richard Paul Evans.
Simon and Schuster, Rockefeller Center, 1230
Avenue of the Americas, New York, NY 10020,
1995-1996

When God Doesn't Make Sense

by Dr. James Dobson.
Published by Tyndale House Publishers,
Wheaton, IL, 1993

When Hello Means Goodbye

By Paul Schweibert, M.D., P., and Kirb.
Perinatal Loss, 2116 NE 18th Ave.,
Portland, OR 97212, 1986

When Pregnancy Fails: Families Coping with Miscarriage, Stillbirth and Infant Death

By Susan Borg and Judith Lasker.
Bantam Press, 1989

SIDS ...***The SIDS Survival Guide***

by Joani Nelson Horchler and
Robin Rice Morris.
To order, call 301-773-9691.

Subsequent Pregnancy ...***Another Baby? Maybe ...***

Thirty Questions on Pregnancy After Loss
by Sherokee Ilse and Maribeth Wildre
Doerr.
Contact Centering Corporation
www.centering.org
402-553-1200

Pregnancy After a Loss – A Guide to Pregnancy After a Miscarriage, Stillbirth, or Infant Death

by Carol Cirulli Lanham.
Berkley Books, a Division of Penguin
Putnam, Inc., 375 Hudson St., New York,
NY. Call toll-free 1-877-853-3595.

Still to Be Born

by Paul Schweibert, M.D.
Perinatal Loss, 2116 NE 18th Ave.,
Portland, OR 97212, 1986

Trying Again--A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant Loss

by Ann Douglas and John R. Sussman,
M.D.
Taylor Publishing, 2000.
<http://www.having-a-baby.com/tryingagain.htm>

For Children ...***The Cherry Blossom Tree – A Grandfather Talks About Life & Death***

by Jan Godfrey.
Augsburg Fortress, 426 S. Fifth St., Box
1209, Minneapolis, MN 55440, 1996

Let's Talk About Heaven

by Debby Anderson.
Chariot Books, David C. Cook
Publishing Co., Elgin, IL, 1991

Molly's Rosebush

by Janice Cohn, D.S.W.
Albert Whitman & Company, Morton
Grove, IL 1994

Mommy, Please Don't Cry – Tender Words for Broken Hearts

by Linda DeYmaz.
Multnomah Publisher, Bend, OR
Contact www.multnomahbooks.com

Someone I Love Died

by Christine Harder Tangvald.
Chariot Books, David C. Cook Publishing
Co., Elgin, IL, 1988

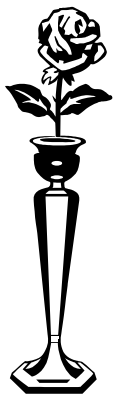
Holiday Grieving ...***The Christmas Box***

by Richard Paul Evans.
Simon and Schuster, Rockefeller Center,
1230 Avenue of the Americas, New York,
NY 10020, 1995-1996

A December Grief

by Harold Ivan Smith
Beacon Hill Press of Kansas City
Kansas City, MO

In Loving Memory



Jameson Cole Ripple
December 14 - 22, 2001
Campomelic Dysplasia
Given by parents,
Dawn and Kevin Ripple
and siblings Julianna and Jared

Carson Mitchell Shaw
Stillborn April 1, 1999
Unknown Cause
Given by parents,
Randy and Aimee Shaw
and siblings Blake and Brooke

Carson Mitchell Shaw
Stillborn April 1, 1999
Unknown Cause
Parents, Randy and Aimee Shaw
Siblings, Blake and Brooke
Given by grandparents,
J.C. and Susan Shaw

Lyle Donald Daggett
Stillborn September 18, 2002
Unknown Cause
Parents, Brad and Lisa Daggett
Given by grandparents,
William and Deborah Perdue

**Marcus Antonio
Martinez Munoz**
Given by parents,
Carol and Baltazar Munoz

M.E.N.D.

gratefully acknowledges these gifts of love given in memory of a baby, relative, friend, or given by someone just wanting to help. These donations help us to continue M.E.N.D.'s mission by providing this newsletter and other services to bereaved parents free of charge. Please refer to the back page of this newsletter for more information regarding where to send your donations and what information to include.

Thank you so much!

Michael Garabedian, Jr.
Stillborn February 2, 1998
Villamentous Cord Insertion
Adam Michael Garabedian
Stillborn July 25, 2001
Cord Accident
Given by parents, Mike and Cindy Garabedian
and sisters, Victoria and Elizabeth

Michael Garabedian, Jr.
Stillborn February 2, 1998
Villamentous Cord Insertion
Adam Michael Garabedian
Stillborn July 25, 2001
Cord Accident
Parents, Mike and Cindy Garabedian
Sisters, Victoria and Elizabeth
Given by Greater Fort Worth
Builders Association

Christina Fasolo
Stillborn February 5, 1991
Given by mom, Gail Fasolo and brother, Mario

Bay William Miltenberger, Jr.
Stillborn December 9, 1998
Preterm Labor
Given by parents, Bay and Paula Miltenberger
and little brother Bryce

Lewis Roenneburg
Stillborn December 27, 1996
Cord Accident
Given by parents, Ken & Deb Roenneburg
and little sister Faith

Maria Kettrey
May 10, 2001
Complications of Amniocentesis
Parents, Claudia and Billy Kettrey
Sister, Dalila
Given by The Dallas Morning News
Employee Charity Fund

Timothy Cordero Petsche
Miscarried at 16 weeks
September 4, 2002
Parents, Vicky Cordero & Tim Petsche
Given by mommy, Vicky Cordero

Lauren Paige Grimes
March 6, 1999
Unknown Cause
Baby Angel Grimes
Miscarried January 25, 2001
Given by parents, John and Paula Grimes
and sister Rileigh

Hallie Anne Fantine
Stillborn September 22, 1997
Cord Accident
Given by parents, Richard and Laurie Fantine
and little brother Alex

Rianne Ellisa Scrivner
March 4 - 7, 1997
Severe Hydrocephaly
Parents, Rae and Bill Scrivner
Little sisters, Chanie and Casidy
Given by Richard, Laurie, and Alex Fantine

Timothy "Schuyler" Morren II
September 28 - December 23, 1997
SIDS
Parents, Pam and Tim Morren
Little sisters, Ashton and Alexa
Given by Richard, Laurie, and Alex Fantine

Timothy "Schuyler" Morren II
September 28 - December 23, 1997
SIDS
Parents, Tim and Pam Morren
Little sisters, Ashton and Alexa
Given by grandmother, Sunbeam Carpenter

Timothy "Schuyler" Morren II
September 28 - December 23, 1997
SIDS
Parents, Tim and Pam Morren
Little sisters, Ashton and Alexa
Given by Melanie Dunn

Jonathan Daniel Mitchell
Stillborn June 24, 1995
Cord Accident
Baby Mitchell
Miscarried December, 2001
Parents, Byron and Rebekah Mitchell
Big brother, Byron, Jr.
Given by grandparents, Dennis and Sue Brewer

Angel Hope Brimmage
June 8, 2002
Spina Bifida
Parents, Ashley and Jennifer Brimmage
Big sister, Lindy
Given by Farmersville, Texas, MOPS

Allison Paige Bausch
November 1 - 10, 2000
Prematurity
Baby Bausch
Miscarried May 4, 2001
Given by parents, Brian and Tonya Bausch
and little sister Megan

*In Loving Memory ... continued***Olivia Grace Wayne**

Stillborn May 11, 1995

Jesse Wayne

Miscarried April 20, 1996

Angel Wayne

Miscarried July 22, 1998

Given by parents,

Richard and Jeanette Wayne
and sisters Emmaline and Chloe**Faith Elizabeth Durham**

Stillborn September 25, 1995

Triploidy

Given by parents, Lisa and Leighton Durham
and little brother Leighton IV**Angel Connolly**

Stillborn November 11, 1999

Trisomy 21

Given by parents, Chuck and Katie Connolly
and little brother Trenton**Brianna Rae Carroll**

November 13 - December 5, 2001

Heart Defect and Bowel Perforation

Given by parents, Brian and Sheryl Carroll,
sister Courtney, and surviving twin, Merideth**Ziggy Michie**

October 10 - 12, 2001

Vasa Previa

Parents, Christie and Iain Michie

Given by Patty Callahan and Christopher

Jeremiah Lynn Johnson

Stillborn October 8, 1999

Preterm Labor

Given by Parents, Lecia and Randy Johnson
and siblings Joey and Katie**Angela Mercy Boltz**

Stillborn October 21, 2001

Unknown Cause

Given by parents, Cory and Dawn Boltz
and siblings Andrew and Abbie**Alyson Kait Bates**

July 2 - October 14, 1998

Congenital Myotonic Dystrophy

Parents, Kathi and Don Bates

Sisters, Megan and Jessica

Given by grandmother, Joanne Dixon

Elizabeth Joan Miller

Stillborn February 23, 2000

Pre-Eclampsia

Parents, Mary and Adam Miller

Brothers, Luke and Christian

Given by grandmother, Joanne Dixon

Sydney Lynne Brown

May 18, 2000

Cord Problem

& Other Unknown Conditions

Ashley Mackenzie Brown

May 18, 2001

Antiphospholipid Antibodies

Given by parents, Brian and Marilyn Brown

Sydney Lynne Brown

May 18, 2000

Cord Problem

& Other Unknown Conditions

Ashley Mackenzie Brown

May 18, 2001

Antiphospholipid Antibodies

Parents, Brian and Marilyn Brown

Given by grandparents,

Sharon and Barry Brown

Sydney Lynne Brown

May 18, 2000

Cord Problem

& Other Unknown Conditions

Ashley Mackenzie Brown

May 18, 2001

Antiphospholipid Antibodies

Parents, Brian and Marilyn Brown

Given by grandparents,

Sandy and Ray Wolfe

Jacob Theodore Oxendine

April 29, 2001

PROM

Given by parents,

Christine and Chip Oxendine

Joseph Charles Libby

May 26, 1999

Cord Accident

Given by parents, Wim and Sharlene Libby
and siblings Will, John, and Mary Grace**Melba Smith**

3/29/27 - 12/11/02

Grandmother to

Blake Leland Allen

April 21, 1999

Premature Labor/Incompetent Cervix

Lauren Grace Allen

February 13, 2000

Cord Accident

Blake and Lauren's parents,

Jan and Sean Allen and brother Zachary

Given by Tim and Pam Morren,

Byron and Rebekah Mitchell,

Jason and Kristen Walton,

Edgar and Frances Daigle,

Amy Daigle,

and Florence and Mark Leath

Music ResourcesThe following music has been helpful to
others during their time of grief.**Angel Unaware**

Words and music by

Shari Buie and Tamara Miller

HeartSong 96

826 Royal Birkdale Dr.

Garland, TX 75044

Home Free

Words and music by Wayne Watson

Watson's *Home Free* CD can be found at
most Christian bookstores.**Thought You'd Be Here**

Words and music by Wes King

From his CD *A Room Full of Stories*,available for purchase at most Christian
bookstores.**With Hope**

By Steven Curtis Chapman

From his CD *Diving In*, available for

purchase at most Christian bookstores.

Goodbye for Now

Words by Kathy Troccoli, music by Scott

Brasher and Kathy Troccoli

From Troccoli's CD *Corner of Eden*,available for purchase at most Christian
bookstores.**Glory Baby**

Written by Nathan and Christy Nockels

Found on Watermark's *All Things New*,

can be purchased at Christian bookstores.

Empty Arms

Words and music by Teri Curp

From her CD *Look Ahead*

Teri Curp Ministries

1413 NE Grand Avenue

Lee's Summit, MO 64086

816-246-8374

tcsings@swbell.net

www.tericorp.com



If there were no tribulation,
there would be no rest;
If there were no winter,
there would be no summer.

-St. John Chrysostom

Organizations and Internet Support

♥ Pregnancy Loss & Grief Support

The Adam and Michael Angel Mission

P.O. Box 1031, Colleyville, TX 76034
817-498-2669

mike@adamandmichaelangel.org
www.adamandmichaelangel.org

Bereaved Families of Ontario

www.bereavedfamilies.net

CHERUBS-The Association of Congenital Diaphragmatic Hernia Research, Advocacy, and Support

e-mail: cherubs@gloryroad.net

www.cherubs-cdh.org

P.O. Box 1150

Creedmoor, NC 27522

919-693-8158

Cristin's Hope

<http://www.geocities.com/Heartland/Shores/1275/>

Footprints Ministry

13611 Merton Woods Ln.,

Charlotte, NC 28273-9008

GriefNet

<http://rivendell.org>

H.A.N.D.

(Houston's Aid in Neonatal Death)

<http://www.hern.org/~hand/>

Helping After Neonatal Death (HAND)

P.O. Box 341, Los Gatos, CA 95031-0341

408-995-6102

888-908-HAND

www.handonline.org

e-mail: info@h-a--n-d.org

Support meetings in Alameda, Contra Costa, Santa Clara, and Central Valley counties—call for info.

Hygeia

<http://www.hygeia.org>

The Memorial

Biblical Prophecy Resource Center

Www.bprc.org/memorial/memorial.html

M.E.N.D.

(Mommies Enduring Neonatal Death)

P.O. Box 1007

Coppell, TX 75019

972-459-2396/ 1-888-M.E.N.D.

<http://www.mend.org>

Mending Broken Hearts

www.libbys.org/mendinghearts

MIDS

Miscarriage, Infant Death & Stillbirth

16 Crescent Dr.

Parsippany, NJ 07054

e-mail: MIDS@nac.net

M.I.S.S.

Mothers in Sympathy and Support

Joanne Cacciatore (voice) 602-979-1000

(fax) 602-979-1001

Julie White (voice) 602-584-0805

<http://www.missfoundation.org>

Morning Light Ministries

c/o St. Mary Star of the Sea Church

11 Peter Street South

Mississauga, Ont. L5H 2G1

905-278-2058

<http://members.rogers.com/morninglightministry>

morninglightministry@rogers.com

24 hour voice mailbox telephone: 416-969-0545

For bereaved Catholic parents who have experienced the death of their baby through ectopic pregnancy, miscarriage, stillbirth or early infant death, including up to one year old.

Nathaniel's Friends

P.O. Box 2372

Frazier Park, CA 93225

www.nathanielfriends.homestead.com

bayonne@bigvalley.net

Our Loss Heaven's Gain

www.groups.yahoo.com/group/ourlossheavensgain

Precious Children Remembered

P.O. Box 534

Huron, OH 44839

<http://www.accnorwalk.com/~mom2nich/>

PCR – Chat Room

Monday 10 p.m. Eastern

Contact Shanna at Ladyinno@aol.com or

HostiVHShanna@aol.com for info.

Pregnancy/Infant Loss Center

1415 East Wayzata Blvd. #30

Wayzata, MN 55391

612-472-9372

Pregnancy Loss Newsgroup

<http://web.co.nz/~katel/sspl/>

Remember the Roses

www.remember.theroses.com

S.A.N.D.S.

<http://www.sandswa.org.au>

<http://www.sandsvic.org/au/>

SHARE

St. Joseph Health Center

300 First Capitol Dr.

St. Charles, MO 63301-2893

314-947-6164

S.O.F.T. (Support Organization for Trisomy 18, 13 & Related Disorders)

c/o Barb Van Herreweghe

2982 S. Union St.

Rochester, NY 14624

716-594-4621

800-716-SOFT (7638)

e-mail: barbssoft@aol.com

<http://www.trisomy.org/>

Tom Golden's Crisis, Grief & Healing

<http://www.webhealing.com/>

UNITE, Inc. (Perinatal grief support)

7600 Central Avenue

Philadelphia, PA 19111-2499

215-728-3777

Zoom

<http://www.premier.net/~zoom/>

♥ Subsequent Pregnancy After a Loss

Hopeful Women

www.hopefulwomen.com

♥ Continuing a Pregnancy After Adverse

Prenatal Diagnosis

Anencephaly Support Foundation

<http://www.asfhelp.com/>

Abundance of the Heart

c/o Mark & Tonya Bayonne

P.O. Box 2372

Frazier Park, CA 93225

<http://www.abundanceoftheheart.homestead.com>

A Child of Promise

www.cmm-stl.org/acop

♥ Infertility

Hannah's Prayer

Providing Christian Support for Fertility Challenges.

Online newsletter available.

P.O. Box 168, Hanford, CA 93232-0168

775-852-9202

<http://www.hannah.org/>

INCIID

<http://www.inciid.org/>

Infertility

<http://www.fertilethoughts.net>

Journey to Jordan

A ministry for families dealing with infertility and adoption. Publishes a newsletter for a small fee.

4511 E. Gatewood Rd.

Phoenix, AZ 85024-6938

Reproductive Medicine Program

<http://repro-med.net>

Resolve

<http://www.resolve.org/>

Stepping Stones

Offers Christian hope, encouragement, and support to infertile couples. Publishes a bi-monthly newsletter.

c/o Bethany Christian Services

901 Eastern Avenue NE

P.O. Box 294

Grand Rapids, MI 49501-0294

<http://www.bethany.org/step/>

♥ Multiple Loss

CLIMB (Center for Loss in Multiple Birth)

e-mail: climb@pobox.alaska.net

www.climb-support.org

Limbo-L List,

Loss in Multiple Birth Outreach

For parents who have lost one or more children in a multiple birth situation.

Contact Terry Callaghan at

Terryc45@hotmail.com

<http://www.geocities.com/Heartland/Lake/5142>

The Twin to Twin Transfusion Syndrome Foundation

411 Longbeach Parkway

Bay Village, OH 44140 440-899-8887

<http://www.tttfoundation.org>

Twinless Twins

11220 St. Joe Rd.

Ft. Wayne, IN 46835-9737

219-627-5414

♥ SIDS

SIDS Network

P.O. Box 270, Ledyard, CT 06339

800-560-1454

<http://sids-network.org>

e-mail: sidsnet@sids-network.org

Cot Life Society

<http://www.geocities.com/Heartland/Trail/5955>

North Texas SIDS Alliance

1401 Airport Freeway, Suite 118

Bedford, Texas 76021

metro (817)267-7955

toll free in Texas only (800)650-SIDS

<http://www.northtexasids.org>

e-mail: info@northtexasids.org

♥ Helping Others in Grief

Memory Box Artist Program

www.taraleigh.com/memoryboxes

♥ For Clergy

National SIDS and Infant Death Program

Support Center—Bereavement Guidelines

www.sids-id-psc.org

♥ Spanish

Fundacion Esperanza

www.geocities.com/Heartland/Bluffs/7102/

e-mail: carlarh@ivillage.com

- ☞ To know someone here or there with whom you can feel there is understanding in spite of distances or thoughts expressed—that can make life a garden. ~*Goethe*
- ☞ Time and distance have no meaning in matters of the heart. ~*Flavia Weeden*
- ☞ To understand one another is one of life's richest blessings, and to be understood by another is perhaps love's sweetest and most satisfying gift. ~*Ernest Hemingway*



M.E.N.D. Fundraisers

As a non-profit organization M.E.N.D. is funded solely by private donations and fundraisers. Any assistance you can give us by participating in any or all of these fundraisers is greatly appreciated.

M.E.N.D. member Amy Allred is a **Creative Memories** consultant. Amy donates to M.E.N.D. 20 percent of all sales made by M.E.N.D. members. If you would like to place an order, her phone number is (972) 272-7249, and her e-mail address is theallreds@juno.com.

Kroger grocery stores donate a percentage of all purchases of those shoppers who have and use a Kroger Share Card. To obtain your Share Card, contact Rebekah via one of the ways listed on the last page of this newsletter and let her know how many you need. This program is valid in Texas, but residents of other states may need to check with store managers to see if they participate.

Tom Thumb also has a program in Texas that can benefit M.E.N.D. If you have a Tom Thumb Reward Card, please ask your Tom Thumb cashier to link your card with M.E.N.D. Our number is **6265**. If you are already linked to another organization, they will split a donation of one percent of your purchases between the organizations. It only takes about five minutes to get a Reward Card, and it can also be used at Randall's and Simon David stores.

Kathryn Padilla, a M.E.N.D. member, is an independent **Mary Kay** consultant who is donating 40 percent of all sales by M.E.N.D. if they are made by M.E.N.D. members. Members also get ten percent off their first online order. You can shop online at www.mymk.com/kpadilla1.

Kim Robinson, a **Pampered Chef** kitchen consultant and M.E.N.D. family member, is donating 40 percent of sales to M.E.N.D. members back to our organization. You can browse products at www.pamperedchef.com, then e-mail Kim at kimr@cheerful.com to place an order.

Stamps.com offers a \$10-\$20 referral program. If you would like to purchase stamps from home and receive a free postage scale, visit www.stamps.com, and use referral code C-4FTJ-TWR. Stamps.com will give the incentive money to M.E.N.D. in the form of free postage.

Carol Martin of Flower Mound, Texas, is the owner of a business called **For Brittany**. She makes beautiful mommy bracelets that come in a variety of styles and/or you can design your own. You can see all of her bracelets on her web site at www.forbrittany.com. For every sale to M.E.N.D. families, she will donate 10% back to us, but you must remember to tell her you are from M.E.N.D.

Nikki Wynne, a M.E.N.D. member and an **AVON** Independent Sales Rep, is donating 15% of all AVON Orders made by M.E.N.D. members to M.E.N.D. Please contact Nikki whichever way is best for you, by phone 817-419-7508, by email at nikkitheavonlady@aol.com, or shop on-line at her website (use passcode: nikki) at <http://www.youravon.com/nwynne/>.

Kim Jines, Independent **Southern Living at HOME** Consultant, is a M.E.N.D. member who is donating 20 percent of all sales made by M.E.N.D. members. For a catalog, call: (972) 222-7474 or e-mail: atHOMEkjines@aol.com. You can visit the website at www.southernlivingathome.com.

April Mayer, a M.E.N.D. member, is an independent **Tupperware** consultant who is donating 10 percent of all sales made by M.E.N.D. members back to our organization. You can browse products at www.tupperware.com. If you would like to place an order, her phone number is (940) 365-9695, and her e-mail address aubrey-tupperware@att.net.

Kris Binsfeld is an independent consultant for **Tastefully Simple**, a company that provides open-and-consume and easy-to-prepare gourmet foods. Kris will donate 10% of all sales to anyone who mentions M.E.N.D. Feel free to browse the website at www.tastefullysimple.com. Please contact Kris by phone 320-548-3413 or email her at mrstom@meltel.net.

Cheryl Kilburg designs beautiful heart pendants as remembrances of loved ones who leave our hearts with a "missing link." To see her work and order your own pendant, visit **My Heart's Missing Link** at www.myheartsmissinglink.com. Cheryl will donate \$10 for each gold item sold and \$5 for each sterling silver item sold to M.E.N.D. members back to M.E.N.D.

Dana and Tracy Davis are independent representatives for **VarTec Telecom/Excel Communications**, a company that offers telephone service at competitive rates. Dana is donating 5 percent of her profits from sales to M.E.N.D. members back to M.E.N.D. You can call her at 214-360-1531, or call 1-877-EXCEL-4U and give global identification #9265706111.

Sandy Burnham, a **Princess House Lifestyle** consultant and M.E.N.D. member, will donate 10 percent of profit earned on your order back to M.E.N.D. Call (313) 792-9699 or email her at bburnham@metroshores.net to request a catalog or place an order.

Heather Sanfacon is an educational consultant with **Discovery Toys** and will donate 15 percent of profits from sales to M.E.N.D. friends and relatives back to M.E.N.D. For a catalogue or information, contact Heather at sanfacon75@netzero.com or 603-742-8123. Customers must mention M.E.N.D. in order for donations to be made.

<p>M.E.N.D. is a Christian nonprofit corporation whose purpose is to reach out to those who have lost a child to miscarriage, stillbirth or infant death and offer a way to share experiences and information through monthly meetings, this newsletter, and our web site.</p>	<p>Donations make the printing and distribution of this newsletter possible.</p> <p>Your tax-deductible contributions are greatly appreciated and should be sent to:</p> <p>M.E.N.D. P.O. Box 1007 Coppell, TX 75019.</p> <p>If your gift is made in memory of a baby, please include that baby's name (if named), date of birth and/or date of death, the parents' names, and the name of the benefactor. You may also include the cause of death (if known).</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Visit our web site at: http://www.mend.org</p> </div> <p><u>Board of Directors</u></p> <p><i>Founder/President</i> Rebekah Mitchell</p> <p><i>Vice President</i> Lori King</p> <p><i>Secretary</i> Byron Mitchell, D.D.S.</p> <p><i>Medical Advisor</i> Gonzalo Venegas, M.D.</p> <p><i>Directors</i> Jana Spigener Pam Morren Rae Scrivner</p> <p><i>Officers</i> Denise Gradel DaLana Barsanti Nicole Didier</p> <p><u>Editor</u> Sharlene Libby</p> <p><u>Co-Editors</u> Rebekah Mitchell Byron Mitchell, D.D.S.</p>
<p>For inquiries, subscription requests, deletions, and submissions to the newsletter, contact us at M.E.N.D. P.O. Box 1007 Coppell, TX 75019 (972) 459-2396 1-888-695-M.E.N.D. Fax (972) 459-2396 E-Mail: Rebekah@mend.org Sharlene@mend.org</p>		

M.E.N.D. Mommies Enduring Neonatal Death
P.O. Box 1007, Coppell, TX 75019
USA
(972) 459-2396 or Toll Free 1-888-695-M.E.N.D. (1-888-695-6363)
Return Service Requested

Nonprofit Organization
U.S. Postage Paid
Coppell, TX 75019
Permit No. 139