



Mother's Day and Father's Day

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M o m m i s e s | F u n d r i s i n g | N o n p r o f i t | D e a t h

I was shocked last year at the May M.E.N.D. support group when so many of the ladies announced that they would not be attending church on Mother's Day, and a few acknowledged that they would be staying home on Father's Day as well. Sure, these two Sundays have been bittersweet for Byron and me since Jonathan's stillbirth in 1995, but since we had a child prior to our loss, I guess I never quite realized the intense pain many couples feel on these commemorative days. I decided to conduct a very informal survey of several of our M.E.N.D. families and was quite surprised by the results.

My first question to the families was: *Did you attend church on the first Mother's and Father's Days after your loss?* The result was 50/50, and frankly after last year's meeting, I thought the result of those staying home would have been a little higher. However, of the 50% who attended church, 20% regretted doing so. I asked that same group what their church plans were for this year. 64% said they plan to attend, 12% said they will not go, and 24% are still undecided.

I asked a group of families who have not yet experienced a Mother's or Father's Day after a loss if they intend to be present in church this year. Contrary to what the first group said, 85% of these newly bereaved families will attempt to attend church.

I next asked the families who have gone to church on these days if their pastors acknowledged that some people in the congregation may be deeply hurting due to the loss of a child. The astonishing answer was that only 35% said their ministers made mention of

grieving parents. I next asked if they wished their pastors had acknowledged their losses, and only 15% said they were glad he did not because it would have been awkward and uncomfortable for them. 90% of this same group feels their pastor/church could and should improve the way the services are conducted on these two holidays.

Lastly I asked how they related to their extended families and how their family and friends treated them on Mother's and Father's Day. Sadly, 20% of the couples broke family traditions for the days and isolated themselves. Thankfully, 75% of the couples who lost their first child were recognized as parents, yet 100% of those polled desire to always be acknowledged as a parent to the child they lost.

The results of this survey are in no way intended to influence whether or not you attend church on these two Sundays. Instead, the purpose is to spread recognition of the hurt many families endure and to increase knowledge and insight to pastors of the intense pain many of their parishioners feel, encouraging clergy to perhaps amend their sermons and traditions. Additionally, I encourage you to feel free to declare your wishes to your church if you feel changes need to be made and express your gratitude to the ones who made you feel special on these days.

Regardless of what you decide to do on May 12 and June 16 of this year, remember that the Lord is your comforter and you ARE a parent!

Rebekah Mitchell

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Empty Arms on Mother's Day

By Molly Woulfe

Times Features Writer

Originally printed in *The Times* of Northwest Indiana on May 12, 2001

Mothers -- and would-be mothers -- can find Mother's Day a strain, too. Ask a woman unable to conceive or carry a baby to term. Or a woman trying to survive the soul-shattering loss of a child.

Ask Linda Kojich of Hammond.

Linda, 37, was ecstatic when her firstborn arrived by Caesarean section Feb. 19, 1996. "I'm a mom!" she told her husband, Jonathan. "I'm a mom!" she told everyone in the recovery room.

Her mantra was to establish her new status. Because her arms were empty.

Jonathan Jr. was a husky 13-pound, 8-ouncer. He had time to give two yells before specialists whisked him to the neo-natal intensive care unit. While J.J. was developing in the womb, a cell had "hiccuped," a physician explained. The baby's intestines, liver and stomach formed outside his body.

Surgeons operated that same day to repair the defect, and a second time a week later to close his abdomen. The baby was transferred to Children's Memorial Hospital on Day 10. Then his kidneys began to fail. The couple never brought their son home. He died in their arms when he was 19 days old. His numb parents conducted a wake and funeral and buried him at Elmwood Cemetery.

To the National Center for Health Statistics, Jonathan Kojich, Jr., was a statistic, one of more than 28,000 U.S. infants who die in their first year of life. To his mother and father, he was the giddy center of their universe.

Her first Mother's Day was "very hard," Linda said wryly. "My mom was the only one who called to see how I was that day."

John went to work that Sunday -- his way of dealing with grief. Linda, an operations manager at LaSalle Bank in Chicago, chose to keep busy by cutting the grass. Then her neighbors' children arrived next door laden with gifts. "I left the lawn mower right where it was and took off for Elmwood. I sat on a blanket (by J.J.'s grave) until they closed," she said.

Her friends rallied. Linda was "too scared" to attend a support group for bereaved parents, so a pal joined one, took notes and reported back to Linda that her crying jags were ultra-normal. Her friends took her out often, too, requesting seats in smoking sections of restaurants to spare her the sight of babies.

When Linda felt braver, she joined the Compassionate Friends support group and the Resolve Through Sharing program at The Community Hospital in Munster. Her mother, Marilyn Thompson of Hammond, went with her and "cried her eyes out, too," Linda said.

Martha, Linda's counselor, gave her some sound advice.

First, she was to give herself permission to cry, within limits. For example, she could sob for two hours, but not all day.

Second, the blond banker was to learn to identify emotional triggers that reduced her to tears -- like passing the diaper aisle in the grocery -- and decide coping strategies in advance.

Third, and most importantly, Linda and John were to give themselves time. Lots of it. "Nothing can make this easier or less awful than it is," Linda said.

The Kojich family's story ends on a happier note: The couple was blessed last year with a second son, Adam. The first time Linda went to Target to buy diapers, her mother accompanied her and snapped a picture of her daughter triumphantly holding a box of Huggies. She'd never had the chance to buy some for J.J.

"I was grinning like a fool," she said.

Adam, 14 months, is starting to take his first tentative steps. His parents are thrilled, but their joy is tinged with sadness. Every milestone he reaches reminds them of ones J.J. never did.

His mother often talks to her younger son about his elder brother so he grows up understanding their family is a little different. But a family nonetheless. "I can't help but think of things J.J. would be doing at this age," Linda said.

Her advice to others who know grieving mothers and fathers: acknowledge their parenthood on Mother's and Father's days. Eloquence is unnecessary.

"Unless you've been through it, you don't know what to say," said the mother of two, one living, one deceased. "But let them know you remember that baby, remember that child."

Her own mother did, and she'll be forever grateful. "I didn't know how great she was until I had Adam," Linda said. "Through everything with J.J., I was so self-centered. It was all about me and my pain and my grief. Then when I had Adam and I needed help - - It's 2 a.m. in the morning and I need help, help, help!" -- she was there.

"Now that I have Adam, she can be a grandmother to a living child. I'm so glad to have her in my life. On Adam's birthday, I told her I hope that someday Adam loves me as much as I love her."

Editor's note: Linda Kojich designed a website to celebrate her first child's brief life, with links to support groups for grieving parents. The address is <http://home.talkcity.com/EmoticonBlvd/bobski/index.html>.

***This year's Walk to Remember will be Saturday, October 12, 2002, at 3:00 p.m.
The walk will be held at Andy Brown Park East, Coppell, Texas.
To make your reservation now, contact Rebekah Mitchell at (972) 459-2396 or rebekah@mend.org.***

It must be very difficult
To be a man in grief,
Since "men don't cry" and "men are strong"
No tears can bring relief.

It must be very difficult
To stand up to the test
And field the calls and visitors
So she can get some rest.

They always ask if she's all right
And what she's going through.
But seldom take his hand and ask,
"My friend, but how are you?"

He hears her crying in the night
And thinks his heart will break.
He dries her tears and comforts her,
but "stays strong" for her sake.

It must be very difficult
To start each day anew
And try to be so very brave--
He lost his baby too.

Author Unknown

... Remembering M.E.N.D. dads on Father's Day

July/August Topic

Adopting After a Loss
Deadline – May 31, 2002

September/October Topic

Dealing with Insensitive Remarks
Deadline – July 31, 2002

Stories, poems, thoughts, and/or feelings regarding these topics are welcomed. Submissions must be received by the deadline to be considered for publication in the newsletter. Unfortunately, there is not enough room to include all submissions. Choices will be left to the discretion of the editors. Please see the back page of the newsletter for the appropriate address to send your submissions. Any submission printed in our newsletter will also be posted to our website indefinitely unless we receive notice in writing that you are only granting permission for your submission to appear in the printed version of the newsletter.

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M.E.N.D. Support Group Meetings

Join us in a time of sharing experiences.

Regular M.E.N.D. meetings

are held the
2nd Thursday of every month from
7:30 – 9:00 p.m.

**Mommies AND daddies are both
welcome at all of our meetings.**

Matters of Faith Bible study

meets every 3rd Thursday.
Please contact Jana Spigener
at (817) 468-9963 or
gaspigener@aol.com if interested.

Playgroup

*For families with children born prior
to or subsequent to a loss.*

Contact Pam Morren
at (972) 335-8202
ashntonsmom98@hotmail.com

Our daddies group

meets the 2nd Thursday of
March, June, September, and December
from 7:30 – 9:00 p.m.

**This is a special time for daddies to get to-
gether and discuss concerns unique to them
as fathers. Our moms and dads meet to-
gether for introductions before dividing into
two groups for discussion.**

All support group meetings are held at:

**1159 Cottonwood Lane, Suite 150
Irving, Texas (Las Colinas) 75038**

(This is on the west side of MacArthur Boule-
vard, across the street from the Four Seasons
Resort. There is a Holiday Inn Express at the
entrance of Cottonwood Lane.)

For more information or directions,
call (972) 459-2396.

Subsequent pregnancy group

meets the 4th Tuesday
of each month from
7:30 - 9:00 p.m.

*For families who are considering becoming preg-
nant or are currently pregnant after a loss.*

Subsequent pregnancy birth class

*For families who are near their due date with their
subsequent pregnancy.*

This one-night childbirth refresher meets once
every three months and is conducted by one
of our M.E.N.D. moms, Allyson Smith,
R.N. The group requires a minimum of three
participants to meet. For more information
contact Allyson at ssmith@dallas.net or (972)
899-0405.

*(Playgroups meet at various locations around the
Dallas/Fort Worth Metroplex.)*

Birthday Tributes to Our Special Babies

To our son Eric,
in remembrance of your 1st Birthday.

Our littlest and most precious angel
went to be with our Father in heaven.
Eric never realized life but has touched so many.
He will forever be in our hearts and missed.
Dear God, please give our angel a kiss & hug from us
on this special day and every day.
Love, Mommy & Daddy

In loving memory of Eric Glenn Barker
Stillborn April 1, 2001
Parents: Peggy & Craig Barker
Siblings: Kristen, Kevin, & two others with him in heaven.
Grandparents: Mary Crawford, Roberta & Glenn Barker

May all your heavenly
Tea parties be together

Happy 2nd Birthday
Sydney Lynne Brown
May 18, 2000

Due to
unknown causes



Happy 1st Birthday
Ashley Mackenzie Brown
May 18, 2001

Due to premature birth
caused by
Antiphospholipid
Antibody Syndrome (APA)

Parents:
Marilyn and Brian Brown
"☺ We Love You ☺"

Happy 1st Birthday, Little Dove!



You are in our daily thoughts and we know you are
always with us. We gain comfort from knowing you
are in company with the angels. We miss and love
you so very much!

Mommy, Daddy, and Big Sister Dalila

Claudia, Billy and Dalila Kettrey
In loving memory of Maria Kettrey
Stillborn May 10, 2001 (Mexico's Official Mother's day)
due to complications from Amniocentesis



Happy 7th Birthday,
our precious little Jonathan!

We love and miss you.
Love, Mommy, Daddy and Little B
Byron and Rebekah Mitchell
and big brother, Byron, Jr.

In memory of
Jonathan Daniel Mitchell
Stillborn June 24, 1995
Cord Accident



In Loving Memory of my Precious Angels

Angelica Marie Lopez Brenden Isaac Pecina
Happy 2nd birthday Happy 1st birthday
5-24-00 5/18—6/16/01

Not a day goes by that I don't think about the two of
you ... My precious Angels ... Today ...
Tomorrow ... Forever ...
I will always love you.



With Love,
Mommy, Big Brother Fernando,
and Brandon (Brenden's twin)

Mother: Sharon Gonzales

Happy 6th Birthday, David!

We imagine you running and playing and
laughing in the clouds. We know you are
happy and we are happy with you. We
still miss you and always will.

With deep love,
Mommy, Daddy and little sister Hannah



Joel & Dianna Hatfield
parents of David Thane Hatfield
May 14 - 15, 1996
Due to Placental Abruption
Little sister, Hannah Rose
January 23, 2000

To Our Son,
Happy First Birthday Griffin Caleb!



I wanted to write a poem or something that was quite catchy, but I just miss you too much. I keep having to wipe the tears away thinking of the things I wished to do with you, to play catch or run, to chase the dog or tease Mom. These things and many more will never come.

Griffin, on June 6th many proud Americans will remember back to a day on a beach where one last stand for freedom was made. For your mother and I, we will remember back to our own D-day, the day our child was delivered into the hands of our Lord.

As you look down upon us from your heavenly playground, know that we love you and miss you dearly.



With loving thoughts,
Your mommy and daddy

*In memory of Griffin Caleb McIntosh
Stillborn 6-6-01 due to unknown causes
Parents: Matthew and Naomi McIntosh*

*To our son Benjamin in remembrance of your 3rd birthday...
We love you for all eternity.
Mommy, Daddy, Samantha and Kailey*

There is not a single day that goes by that we don't think of you and what might have been, could have been and should have been. As we light a candle in memory of you and what would have been your 3rd birthday here on earth we also know that you are with God rejoicing with your heavenly family and all your loved ones who have come before you. In that and only that we can have Peace...

*In loving memory of Benjamin Thomas Mori
May 13, 1999
Stillborn at 38 weeks
Cause of death unknown*

*Parents: James and Tracy Mori
Big Sister: Samantha Jean
Baby Sister: Kailey Madison*



Happy 4th Birthday, Tristen!
You are deeply missed.
From Mommy and little sister
Valerie



*In memory of Tristen Wayne Livermore,
stillborn 5/5/98 due to a cord accident
Mother: Cindy Livermore*

Dearest little Colten,

The gifts were wrapped and tied with bows
Teddy bear and train
Your new baseball glove and baseball bat
Were waiting just the same
We know the joy that children bring
We also share their pain
'Cause God kissed you softly on the cheek
And took you home again.
We only got to hold you for just a little while
The greatest gift was yours to us
Our little angel child ...

Love,
Grandpa Ben and Grandma Vicki
Papa Gib and Nana Kathie

Happy 2nd Birthday!

*Colten Benjamin Ballmer
Stillborn May 28, 2000
due to Umbilical Cord
Stenosis—Congenital*



Happy First Birthday,
Precious Luke

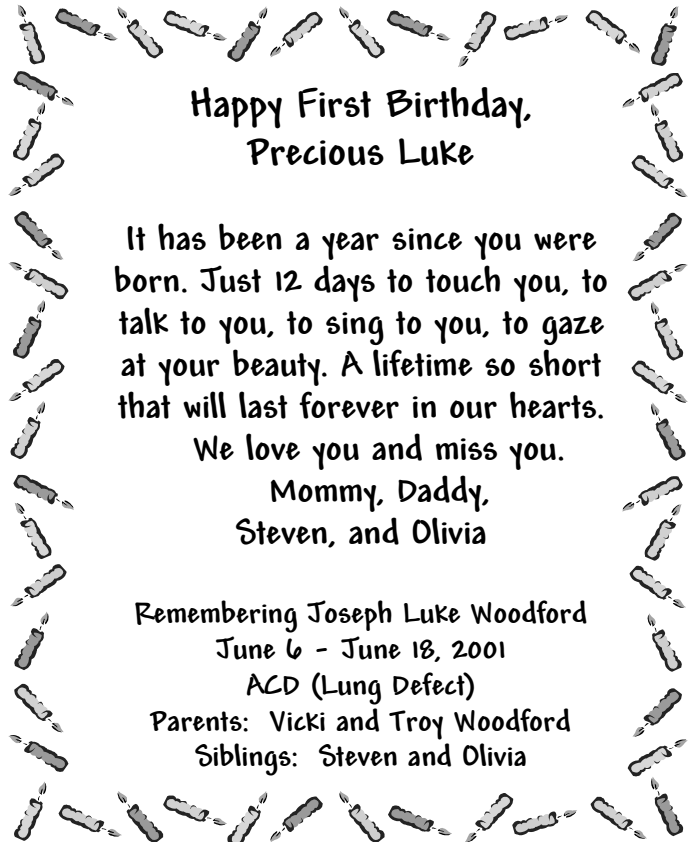
It has been a year since you were born. Just 12 days to touch you, to talk to you, to sing to you, to gaze at your beauty. A lifetime so short that will last forever in our hearts.

We love you and miss you.

Mommy, Daddy,
Steven, and Olivia

Remembering Joseph Luke Woodford
June 6 - June 18, 2001
ACD (Lung Defect)

Parents: Vicki and Troy Woodford
Siblings: Steven and Olivia



LITTLE LOGAN DAVID, YOU'RE IN OUR HEARTS TODAY
 WE REMEMBER EVERY MOMENT OF THE 5TH DAY OF MAY
 WHEN WE HELD YOU IN OUR ARMS, AND HAD TO SAY GOODBYE
 OUR TIME WAS SO BRIEF, WE STILL QUITE DON'T KNOW WHY

KNOW THAT WE LONG TO BE WITH YOU AGAIN
 AND SOMEDAY WE WILL BE, IT'S JUST A MATTER OF WHEN
 WHILE WE WAIT FOR THAT DAY, WE'LL HOLD YOU IN OUR HEARTS
 AND CLING TO THAT HOPE THAT WE'LL SOON NEVER PART.

HAPPY BIRTHDAY, LITTLE ONE, YOU'RE A TWO-YEAR OLD BOY.
 AND STILL, EACH DAY, OUR HEARTS FILL WITH PRIDE AND JOY.

FOR YOU, OUR SWEET SON, WE THINK YOU ARE GREAT.
 HAPPY BIRTHDAY LOGAN, FROM MOMMY, DADDY, AND BABY BLAKE.



LOGAN DAVID ILIFF
 MAY 5, 2000
 PLACENTAL ABRUPTION AT 38 WEEKS
 PARENTS: JOSEPH AND SAMANTHA ILIFF
 SIBLING: LITTLE BROTHER BLAKE



Remembering
 Joseph
 On his 3rd birthday
 We love you, little boy!

Joseph Charles Libby
 May 26, 1999

Cord accident

Parents:

Wim and Sharlene Libby

Siblings: Will, John,
 and little Mary Grace

M.E.N.D. Fundraisers

As a non-profit organization M.E.N.D. is funded solely by private donations and fundraisers. Any assistance you can give us by participating in any or all of these fundraisers is greatly appreciated.

M.E.N.D. member Amy Allred is a **Creative Memories** consultant. Amy donates to M.E.N.D. 20 percent of all sales made by M.E.N.D. members. If you would like to place an order, her phone number is (972) 272-7249, and her e-mail address is theallreds@juno.com.

Kroger grocery stores donate a percentage of all purchases of those shoppers who have and use a Kroger Share Card. To obtain your Share Card, contact Rebekah via one of the ways listed on the last page of this newsletter and let her know how many you need. This program is valid in Texas, but residents of other states may need to check with store managers to see if they participate.

Tom Thumb also has a program in Texas that can benefit M.E.N.D. If you have a Tom Thumb Reward Card, please ask your Tom Thumb cashier to link your card with M.E.N.D. Our number is **6265**. If you are already linked to another organization, they will split a donation of one percent of your purchases between the organizations. It only takes about five minutes to get a Reward Card, and it can also be used at Randall's and Simon David stores.

Kathryn Padilla, a M.E.N.D. member, is an independent **Mary Kay** consultant who is donating 40 percent of all sales by M.E.N.D. if they are made by M.E.N.D. members. Members also get ten percent off their first online order. You can shop online at www.mymk.com/kpadilla1.

Kim Robinson, a **Pampered Chef** kitchen consultant and M.E.N.D. family member, is donating 40 percent of sales to M.E.N.D. members back to our organization. You can browse products at www.pamperedchef.com, then e-mail Kim at kimr@cheerful.com to place an order.

Stamps.com offers a \$10-\$20 referral program. If you would like to purchase stamps from home and receive a free postage scale, visit www.stamps.com, and use referral code C-4FTJ-TWR. Stamps.com will give the incentive money to M.E.N.D. in the form of free postage.

The Weaver's Thread is a book of poetry by Angelique Cooper-McGlotten honoring the five babies she lost. A percentage of the sale of this book will go to M.E.N.D. For more information, visit <http://www.eofl.net>.

Carol Martin of Flower Mound, Texas, is the owner of a business called **For Brittany**. She makes beautiful mommy bracelets that come in a variety of styles and/or you can design your own. You can see all of her bracelets on her web site at www.forbrittany.com. For every sale to M.E.N.D. families, she will donate 10% back to us, but you must remember to tell her you are from M.E.N.D.

Nikki Wynne, a M.E.N.D. member and an **AVON** Independent Sales Rep, is donating 15% of all AVON Orders made by M.E.N.D. members to M.E.N.D. Please contact Nikki whichever way is best for you, by phone 817-419-7508, by email at nikkitheavonlady@aol.com, or shop on-line at her website (use passcode: nikki) at <http://www.youravon.com/nwynne/>.

Kim Jines, Independent **Southern Living at HOME** Consultant, is a M.E.N.D. member who is donating 20 percent of all sales made by M.E.N.D. members. For a catalog, call: (972) 222-7474 or e-mail: atHOMEkjines@aol.com. You can visit the website at www.southernlivingathome.com.

April Mayer, a M.E.N.D. member, is an independent **Tupperware** consultant who is donating 10 percent of all sales made by M.E.N.D. members back to our organization. You can browse products at www.tupperware.com. If you would like to place an order, her phone number is (940) 365-9695, and her e-mail address aubrey-tupperware@att.net.

Sandy Burnham, a **Shaklee** independent distributor and M.E.N.D. member, is donating 10 percent of sales made by M.E.N.D. members back to M.E.N.D. Please visit www.shaklee.net/sandyburnham to place an order. Remember to tell her you are from M.E.N.D.

Kris Binsfeld is an independent consultant for **Tastefully Simple**, a company that provides open-and-consume and easy-to-prepare gourmet foods. Kris will donate 10% of all sales to anyone who mentions M.E.N.D. Feel free to browse the website at www.tastefullysimple.com. Please contact Kris by phone 320-548-3413 or email her at mrstom@meltel.net.

Acknowledged as a Mother

Mother's Day was just two and a half months after my precious little boy, Chandler, was stillborn. I just couldn't bring myself to go to church that day even though my husband was the pastor. I knew that they would be giving corsages to the youngest and oldest mothers present. I knew that I would definitely be the youngest mother there, but did others see me as a mother? I had no child on earth to prove it... Would I stand up as the youngest mother or would I not? I couldn't bring myself to do either one, so I just stayed home. My husband came home after church with a corsage. No, it wasn't the one for the youngest mother. It was the one given to the oldest mother present, a dear sweet woman named Mildred. When she was presented with the corsage for being the oldest mother there, everyone saw that she was already wearing a corsage given to her by her children. They asked her if she wanted to give it to the next oldest mother and she immediately spoke up and said, "NO! This corsage belongs to Amy!" My husband brought it home and I wore it on my T-shirt the rest of the day feeling like the proudest mother on earth. A fellow mother had given me the most precious gift that I could have received on Mother's Day - the gift of acknowledgement that I WAS indeed a mother!

*Amy Allred
Chandler's Mommy
Stillborn 3-4-99 due to neural tube defects*

Grief Materials

Birth and Life

141 Commercial St. NE
Salem, OR 97301
(503) 371-4445

Centering Corporation

PO Box 4600
Omaha, NE 68104
(402) 553-1200

Wintergreen Press

3630 Eileen St.
Maple Plain, MN 55359
(612) 476-1303
www.Wintergreenpress.com

Perinatal Loss

2116 N.E. 18th Ave.
Portland, OR 97212
(503) 284-7426

ICEA Bookmarks

P.O. Box 20048
Minneapolis, MN 55420
800-624-4934

Keepsake Resources

For Brittany

www.forbrittany.com
Offers beautiful mommy bracelets that come in a variety of styles, or design your own. Mention that you were referred by M.E.N.D. and a percentage of the sale will be donated to M.E.N.D.

Angels in Heaven Ministries

www.angelsinheaven.org
Offers framed poems, cards, and audio tapes relating to infant loss. Website also lists resources and scripture to comfort bereaved parents.

Angel Babies in Heaven

(843) 871-3071
http://www.galaxymall.com/children/angelbabies/
Offers hand-painted memorial stepping stones to honor babies gone too soon.

A Loss Remembered

2908 South Clemont Dr.
Denver, CO 80222
(303) 692-9668
lossremembered@cs.com
Provides beautiful remembrance cards on the anniversary of a child's death.

Haley's Creations

P.O. Box 13242, La Jolla, CA 92039
Toll Free Phone:
877-538-6446
www.haleyscreations.com
Offers remembrance cards, journals, and keepsakes relating to infant loss.

God's Little Ones

www.homestead.com/godslittleones/index.html
Offers life-sized models of babies at various stages of prenatal development.

Keri's Kreations

221 W. Hillview St.
Winslow, AZ 86047
(928) 289-0715
A book of remembrance for parents who have lost children through miscarriage, stillbirth, or infant death.

M.E.N.D. Members Reflect on Mother's and Father's Day

"During our first year following Faith's death we attended church. I went for support from our church family. Everyone had been so kind about remembering and acknowledging her since she died in September. I was in my 7th month of pregnancy with our second child and most everyone made it clear that they were wishing me a happy Mother's Day for both the baby we lost and the one we were expecting." ~ Lisa Durham

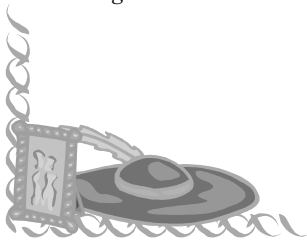
"They are such tender days—and still are for me. Of course, it's always around David's birthday. My eyes see differently now and I tend to seek out the childless couples or those coping with loss to see how they are handling things. I still - and always will - appreciate friends and family mentioning and remembering David." ~Dianna Hatfield

"Even though our children are not living here with us, they are living in our hearts and are a part of us. We are still parents." ~Melanie Boyd

"My dad told me happy Mother's Day and I received a Mother's Day card from my mother-in-law [on my first Mother's Day]. I don't think everyone acknowledges me as a mother. I think everyone knew my first one was very hard because I had just delivered the baby, but I don't think 3 years later, many friends will acknowledge me as a mother, although they may acknowledge that I am hurting because I am 'not' a mother (I have not had a child since my loss) and because I don't have my own mom to celebrate with." ~Jennifer Moore

"If the church is willing to help women make the right choice and give birth, why not recognize pregnancy loss?" ~Claudia Delgado

"On Mother's Day I not only celebrate the lives of my living children, I rejoice in the life of my son." ~Kristen Walton



Organizations and Internet Support

Pregnancy Loss & Grief Support

Angel Babies – Forever Loved

<http://www.welcome.to/Angels4ever.com>

Antiphospholipid Syndrome

<http://hometown.aol.com/AmAmail/Anti.html>

Bereaved Families of Ontario

<http://www.inforamp.net/~bfo/>

CHERUBS-The Association of Congenital Diaphragmatic Hernia Research, Advocacy, and Support

e-mail: cherubs@gloryroad.net

www.cherubs-cdh.org

P.O. Box 1150

Creedmoor, NC 27522

919-693-8158

Children and Grief

<http://www.bcm.tmc.edu/civitas/>

Footprints Ministry

13611 Merton Woods Ln.,

Charlotte, NC 28273-9008

GriefNet

<http://rivendell.org/index.html>

H.A.N.D.

(Houston's Aid in Neonatal Death)

<http://www.hern.org/~hand/>

Helping After Neonatal Death (HAND)

P.O. Box 341, Los Gatos, CA 95031-0341

408-995-6102

888-908-HAND

www.handsonline.org

e-mail: info@h-a--n-d.org

Support meetings in Alameda, Contra Costa, Santa Clara, and Central Valley counties—call for info.

Hygeia

<http://www.hygeia.org>

Infanlos

e-mail: majordomo@taex001.tamu.edu

Type "Subscribe Infanlos"

Visit the Infanlos Family Website and

www.geocities.com/infanloss

M.E.N.D.

(Mommies Enduring Neonatal Death)

P.O. Box 1007

Coppell, TX 75019

972-459-2396/ 1-888-M.E.N.D.

<http://www.mend.org>

Mending Broken Hearts

www.libbys.org/mbh/mbh.htm

MIDS

Miscarriage, Infant Death & Stillbirth

16 Crescent Dr.

Parsippany, NJ 07054

e-mail: MIDS@nac.net

M.I.S.S.

Mothers in Sympathy and Support

Joanne Cacciatore (voice) 602-979-1000

(fax) 602-979-1001

Julie White (voice) 602-584-0805

<http://www.misschildren.org>

Morning Light Ministries

c/o St. Mary Star of the Sea Church

11 Peter Street South

Mississauga, Ont. L5H 2G1

905-278-2058

<http://members.rogers.com/morninglightministry>

morninglightministry@rogers.com

24 hour voice mailbox telephone: 416-969-0545

For bereaved Catholic parents who have experienced the death of their baby through ectopic pregnancy, miscarriage, stillbirth or early infant death, including up to one year old.

Nathaniel's Friends

P.O. Box 2372

Frazier Park, CA 93225

<http://NathanielsFriends.com>

bayonne@bigvalley.net

Precious Children Remembered

P.O. Box 534

Huron, OH 44839

<http://www.accnorwalk.com/~mom2nich/>

PCR – Chat Room

Monday 10 p.m. Eastern

Contact Shanna at Ladyinno@aol.com or

HostiVHShanna@aol.com for info.

Pregnancy/Infant Loss Center

1415 East Wayzata Blvd. #30

Wayzata, MN 55391

612-472-9372

Pregnancy Loss Newsgroup

<http://web.co.nz/~katef/ssp/>

S.A.N.D.S.

<http://www.sandswa.org.au>

<http://www.sandsvic.org/au/>

SHARE

St. Joseph Health Center

300 First Capitol Dr.

St. Charles, MO 63301-2893

314-947-6164

S.O.F.T. (Support Organization for Trisomy 18, 13 & Related Disorders)

c/o Barb Van Herreweghe

2982 S. Union St.

Rochester, NY 14624

716-594-4621

800-716-SOFT (7638)

e-mail: barbsoft@aol.com

<http://www.trisomy.org/>

SPALS (Subsequent Pregnancy Afer Loss)

<http://www.inforamp.net/bfo/spals/>

Tom Golden's Crisis, Grief & Healing

<http://www.webhealing.com/>

UNITE, Inc. (Perinatal grief support)

7600 Central Avenue

Philadelphia, PA 19111-2499

215-728-3777

Zoom

<http://www.premier.net/~zoom/>

Continuing a Pregnancy After Adverse

Prenatal Diagnosis

Abiding Hearts

P.O. Box 5245

Bozeman, MT 59717

e-mail: hearts@imt.net

Anencephaly Support Foundation

<http://www.asfhelp.com/>

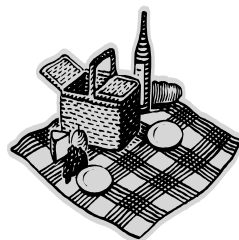
Abundance of the Heart

c/o Mark & Tonya Bayonne

P.O. Box 2372

Frazier Park, CA 93225

<http://www.abundanceoftheheart.org/>



Infertility

Hannah's Prayer

Providing Christian Support for Fertility Challenges. Online newsletter available.

P.O. Box 168, Hanford, CA 93232-0168

775-852-9202, <http://www.hannah.org/>

INCIID

<http://www.inciid.org/>

Infertility

<http://www.fertilethoughts.net>

Journey to Jordan

A ministry for families dealing with infertility and adoption. Publishes a newsletter for a small fee.

4511 E. Gatewood Rd.

Phoenix, AZ 85024-6938

Reproductive Medicine Program

<http://repro-med.net>

Resolve

<http://www.resolve.org/>

Stepping Stones

Offers Christian hope, encouragement, and support to infertile couples. Publishes a bi-monthly newsletter.

c/o Bethany Christian Services

901 Eastern Avenue NE

P.O. Box 294

Grand Rapids, MI 49501-0294

<http://www.bethany.org/step/>

Multiple Loss

CLIMB (Center for Loss in Multiple Birth)

e-mail: climb@pobox.alaska.net

www.climb-support.org

Limbo-L List,

Loss in Multiple Birth Outreach

For parents who have lost one or more children in a multiple birth situation.

Contact Terry Callaghan at

Terry45@hotmail.com

<http://www.geocities.com/Heartland/Lake/5142>

The Twin to Twin Transfusion Syndrome

Foundation

411 Longbeach Parkway

Bay Village, OH 44140 440-899-8887

<http://www.tttsfoundation.org>

Twinless Twins

11220 St. Joe Rd.

Ft. Wayne, IN 46835-9737

219-627-5414

SIDS

SIDS Network

P.O. Box 270, Ledyard, CT 06339

800-560-1454

<http://sids-network.org>

e-mail: sidsnet@sids-network.org

Cot Life Society

<http://www.geocities.com/Heartland/Trail/5955>

North Texas SIDS Alliance

1401 Airport Freeway, Suite 118

Bedford, Texas 76021

metro (817)267-7955

toll free in Texas only (800)650-SIDS

<http://www.northtexasids.org>

e-mail: info@northtexasids.org

Spanish

Fundacion Esperanza

www.geocities.com/Heartland/Bluffs/7102/

e-mail: carlarh@ivillage.com

Helpful Reading ...***A Deeper Shade of Grace***

by Bernadette Keagy.
Sparrow Press, Nashville, TN, 1993.

Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage Stillbirth, or Tubal Pregnancy

by Pam Vredevelt.
Multnomah Press, Sisters, OR, 1984

Empty Cradle, Broken Heart – Surviving the Death of Your Baby

by Deborah L. David, PhD.
Fulcrum Publishing, 350 Indiana St.,
Golden, CO 80401, 1991

Free to Grieve

by Maureen Rank.
Bethany House Publishers
6820 Auto Club Rd.
Minneapolis, MN 55438

Grieving the Child I Never Knew: A devotional companion for comfort in the loss of your unborn or newly born child

By Kathe Winnenberg
Zondervan Publishing House

Heaven's Not a Crying Place

by Joey O'Connor.
To order, visit his website at
<http://www.joeyo.com/>
or e-mail joey@joeyo.com

I Can't Find A Heartbeat: Hope and Help for Those Who Have Lost an Unborn Child

By Melissa Sexson Hanson
Review and Herald
Publishing Association

I'll Hold You in Heaven

by Jack Haford.
Regal Books
Ventura, CA

In Search of Hope

by Susan R. Lowe
AmErica House
www.publishamerica.com

Letters to Gabriel

by Karen Garver Santorum,
wife of Senator Rick Santorum
To order, call 800-935-2222.

Loss and Grief Recovery Help Caring for Children with Disabilities, Chronic or Terminal Illness

by Joyce Ashton with Dennis Ashton.
Baywood Publishing

Morning Light – Miscarriage, Stillbirth and Early Infant Death from a Catholic Perspective

by Bernadette Zambri.
To order, call 905-278-2058 (in Canada).

The Rocking Horse Is Lonely – and Other Stories of Fathers' Grief

by James D. Nelson, Editor.
Pregnancy and Infant Loss Center,
1421 E. Wayzata Blvd., Suite 30,
Wayzata, MN 55391, 1994

Silent Grief

by Clara Hinton.
Published by New Leaf Press

A Silent Sorrow

by Ingrid Kohn.
Bantam Doubleday Dell Publishing Group, Inc.,
666 Fifth Ave., New York, NY 10103, 1992

36 Hours with an Angel

by Lindsay Roberts.
Richard and Lindsay Roberts Ministries,
P.O. Box 2187, Tulsa, OK 74171

Time Piece

by Richard Paul Evans.
Simon and Schuster, Rockefeller Center, 1230
Avenue of the Americas, New York, NY 10020,
1995-1996

When God Doesn't Make Sense

by Dr. James Dobson.
Published by Tyndale House Publishers,
Wheaton, IL, 1993

When Hello Means Goodbye

By Paul Schweibert, M.D., P., and Kirb.
Perinatal Loss, 2116 NE 18th Ave.,
Portland, OR 97212, 1986

When Pregnancy Fails: Families Coping with Miscarriage, Stillbirth and Infant Death

By Susan Borg and Judith Lasker.
Bantam Press, 1989

SIDS ...***The SIDS Survival Guide***

by Joani Nelson Horchler and
Robin Rice Morris.
To order, call 301-773-9691.

Subsequent Pregnancy ...***Another Baby? Maybe ...***

Thirty Questions on Pregnancy After Loss
by Sherokee Ilse and Maribeth Wildre Doerr.

Contact Centering Corporation
www.centering.org
402-553-1200

Pregnancy After a Loss – A Guide to Pregnancy After a Miscarriage, Stillbirth, or Infant Death

by Carol Cirulli Lanham.
Berkley Books, a Division of Penguin
Putnam, Inc., 375 Hudson St., New York,
NY. To order directly, call toll-free 1-877-
853-3595.

Still to Be Born

by Paul Schweibert, M.D.
Perinatal Loss, 2116 NE 18th Ave.,
Portland, OR 97212, 1986

Trying Again--A Guide to Pregnancy After Miscarriage, Stillbirth, and Infant Loss

by Ann Douglas and John R. Sussman,
M.D.
Taylor Publishing, 2000.
<http://www.having-a-baby.com/tryingagain.htm>

For Children ...***The Cherry Blossom Tree – A Grandfather Talks About Life & Death***

by Jan Godfrey.
Augsburg Fortress, 426 S. Fifth St., Box
1209, Minneapolis, MN 55440, 1996

Let's Talk About Heaven

by Debby Anderson.
Chariot Books, David C. Cook
Publishing Co., Elgin, IL, 1991

Molly's Rosebush

by Janice Cohn, D.S.W.
Albert Whitman & Company, Morton
Grove, IL 1994

Mommy, Please Don't Cry – Tender Words for Broken Hearts

by Linda DeYmaz.
Multnomah Publisher, Bend, OR
Contact www.multnomahbooks.com

Someone I Love Died

by Christine Harder Tangvald.
Chariot Books, David C. Cook Publishing
Co., Elgin, IL, 1988

Holiday Grieving ...***The Christmas Box***

by Richard Paul Evans.
Simon and Schuster, Rockefeller Center,
1230 Avenue of the Americas, New York,
NY 10020, 1995-1996

A December Grief

by Harold Ivan Smith
Beacon Hill Press of Kansas City
Kansas City, MO

In Loving Memory



Kali Alyssa Brown

Stillborn April 12, 1996
Unknown Cause
Given by parents,
Nancy and Les Brown
and siblings Cody, Tyler,
and Alana

Faith Elizabeth Durham

Stillborn September 25, 1999
Triploidy
Given by parents,
Leighton and Lisa Durham
and little brother, Leighton IV

Joseph Charles Libby

Stillborn May 26, 1999
Cord Accident
Given by parents,
Wim and Sharlene Libby
and siblings Will, John,
and Mary Grace

Whitney Leigh Grams

Stillborn March 9, 1998
Unknown Cause
Given by parents,
Brian and Patti Grams
and little brother Joseph

Lauren Paige Grimes

Stillborn March 6, 1999
Unknown Cause
Given by parents,
John and Paula Grimes
and big sister Rileigh

M.E.N.D.

gratefully acknowledges these gifts of love given in memory of a baby, relative, friend, or given by someone just wanting to help. These donations help us to continue M.E.N.D.'s mission by providing this newsletter and other services to bereaved parents free of charge. Please refer to the back page of this newsletter for more information regarding where to send your donations and what information to include.

Thank you so much!



An Angel in the book of life
wrote down our baby's birth,
And as she closed the book she said,
"Too beautiful for Earth."
In loving memory of
Eric Blaine Poindexter
January 14, 2000
(lived for 3 hours),
died due to Trisomy 13
From Mommy, Daddy,
sister Kenley and new brother Kole
Parents: Eric and Tangi Poindexter

Jonathan Daniel Mitchell

Stillborn June 24, 1995
Cord Accident

Baby Mitchell

Miscarried December 2001
Parents, Rebekah and Byron Mitchell
Big brother, Byron, Jr.
Given by grandparents, Dennis and Sue Brewer

Maya Denise Ates

Stillborn January 6, 1998
Cord Accident
Given by parents, Tammie and Horace Ates
and siblings Erin and Brandon

Colten Benjamin Ballmer

Stillborn May 28, 2000
Umbilical Cord Stenosis - Congenital
Parents, Jamieson and Regan Ballmer
Given by grandparents, Gib and Kathie Menough

Christopher Reese Hall

May 25, 1999

Alexis Danielle Hall

May 27, 1999
Preterm Labor/Uterine Infection
Given by parents, Eric and Jan Hall
and little brother Camden Alexander

Baby M

Miscarried Oct. 15, 1999

Baby Boy Moreton

Miscarried March 17, 2000

Angel #3

Miscarried August 1, 2000
Antiphospholipid Antibody Syndrome
Given by parents, April and Sam Moreton
and little brother Asher

Logan David Iliff

Stillborn May 5, 2000
Placenta Abruptio
Given by parents, Joe and Samantha Iliff
and little brother Blake

Music Resources

The following music has been helpful to others during their time of grief.

Angel Unaware

Words and music by
Shari Buie and Tamara Miller
HeartSong 96
826 Royal Birkdale Dr.
Garland, TX 75044



Home Free

Words and music by Wayne Watson
Watson's *Home Free* CD can be found at most Christian bookstores.

Together We Can Heal

A beautiful collection of music for bereaved families. Call or write:
Source Music
P.O. Box 1543
Colorado Springs, CO 80901
719-442-0152/ 800-338-4312 (orders)
<http://www.sourcemusic.com>
<http://www.sourcemusic.com/heal>
(This URL takes you directly to the recording.)

Thought You'd Be Here

Words and music by Wes King
From his CD *A Room Full of Stories*,
available for purchase at most Christian bookstores.

I'll Meet You in the Morning

By Karen Ritchey
<http://www.members.cnx.net/kritchey/>
e-mail: kritchey@cnx.net

With Hope

By Steven Curtis Chapman
From his CD *Diving In*, available for purchase at most Christian bookstores.

Goodbye for Now

Words by Kathy Troccoli, music by Scott Brasher and Kathy Troccoli
From Troccoli's CD *Corner of Eden*, available for purchase at most Christian bookstores.

Glory Baby

Written by Nathan and Christy Nockels
Found on Watermark's *All Things New* CD,
can be purchased at Christian bookstores.

Empty Arms

Words and music by Teri Curp
From her CD *Look Ahead*
Teri Curp Ministries
1413 NE Grand Avenue
Lee's Summit, MO 64086
816-246-8374
tcsings@swbell.net



Subsequent Births

LaTonya Borsay and Kahlil Bell
of New York, New York,
proudly announce the arrival of their daughter
Yaania Yalayea
(means *life in God's hands*)
January 8, 2002.
She weighed 7 lbs., 8 oz.
LaTonya and Kahlil lovingly remember
Hanif Hashim,
stillborn January 17, 2001,
due to unknown cause.

Jeff and Elizabeth Caffey
of Arlington, Texas,
joyfully announce the birth of
Caroline Grace
November 6, 2001,
6 lbs., 14 oz., 18 1/4 inches long.
The Caffey's lovingly remember
Eleanor Jane,
stillborn February 8, 2000,
due to a cord accident.

Eric and Jan Hall
of Euless, Texas,
proudly announce the arrival of
Camden Alexander,
born March 9, 2002, at 8:27 a.m.,
8 lbs., 5 oz., 20 1/8 inches long.
The Halls lovingly remember
Christopher Reese,
May 25 1999,
and Alexis Danielle,
May 27, 1999,
due to preterm labor/uterine infection
and Baby Hall,
miscarried September 12, 2000,
and Baby Hall II,
miscarried February 7, 2001.

Kelly and Tom Spaniel,
along with big sister Shelby Emerson
of Dallas, Texas,
proudly announce the arrival of
Abbey Elizabeth,
born March 11, 2002,
5 lbs., 14 oz., 18 inches long.
The Spaniel family lovingly remembers
Shelby's twin sister
Bryce Elizabeth,
September 2 - September 8, 2000,
brain bleed.

Danny and Jennifer Johnson
of Roanoke, Texas,
proudly announce the birth of their son
Logan Alexander,
March 19, 2002.
Logan weighed 6 lbs., 14 oz.
The Johnsons lovingly remember
Ethan Cole,
October 13, 2000,
heart problem.

Eric and Tangi Poindexter,
along with sister Kenley
of Ada, Oklahoma,
rejoice in the arrival of
Kole Garrett,
October 23, 2001.
He weighed 6 lbs., 12 oz.,
and was 19 inches long.
The Poindexters remember with love
Eric Blaine,
January 14, 2001,
Trisomy 13.

Craig and Melanie Boyd
of Irving, Texas,
joyfully announce the arrival of
Samuel Garrett,
born April 4, 2002, at 6:41 p.m.,
7 lbs., 3 oz., 20 1/2 inches long.
The Boyds lovingly remember
their four babies in heaven:
Abigail Joy,
miscarried June 22, 1999,
Hannah Elizabeth,
miscarried October 21, 1999,
Michael Aaron,
stillborn April 23, 2000,
and Christian,
miscarried December 17, 2000.

Sunshine and Jeff Shirley
of Toppenish, Washington,
proudly announce the arrival of
Noah Ivan,
born March 12, 2002,
10 lbs., 6 1/2 oz., 21 3/4 inches long.
The Shirleys lovingly remember
Ivy Adrianna,
December 21, 2000,
placenta abruption.

Elaine and André Brown
of Arlington, Texas,
announce the arrival of
Eric Jeremiah,
born March 17, 2002,
6 lbs., 5 oz.
The Browns lovingly remember
André Demetrious, Jr.,
December 7, 2000,
placenta abruption.

A Mother's Day Wish from Heaven

By Jody Seilheimer

Shared by Danny and Susan Hale

Dear Mr. Hallmark,
I am writing to you from heaven, and though it must appear
A rather strange idea, I see everything from here.
I just popped in to visit your stores to find a card
A card of love for my mother as this day for her is hard.

There must be some mistake I thought, every card you could imagine
Except I could not find a card from a child who lives in heaven.
She is still a mother too, no matter where I reside
I had to leave, she understands, but oh the tears she's cried.

I thought that if I wrote you that you would come to know
That though I live in heaven now I still love my mother so.
She talks with me, and dreams with me; we still share laughter too,
Memories our way of speaking now, would you see what you could do?

My mother carries me in her heart, her tears she hides from sight.
She writes poems to honor me, sometimes far into the night
She plants flowers in my garden, there my living memory dwells
She writes to other grieving parents, trying to ease their pain as well.

So you see Mr. Hallmark, though I no longer live on earth
I must find a way to remind her of her wondrous worth
She needs to be honored and remembered too
Just as the children of earth will do.

Thank you Mr. Hallmark, I know you'll do your best
I have done all I can do; to you I'll leave the rest.
Find a way to tell her how much she means to me
Until I can do it for myself when she joins me in eternity.

M.E.N.D. is a Christian nonprofit corporation whose purpose is to reach out to those who have lost a child to miscarriage, stillbirth or infant death and offer a way to share experiences and information through monthly meetings, this newsletter, and our web site.

For inquiries, subscription requests, deletions, and submissions to the newsletter, contact us at
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P.O. Box 1007
Coppell, TX 75019
(972) 459-2396
1-888-695-M.E.N.D.
Fax (972) 459-2396
E-Mail: Rebekah@mend.org
Sharlene@mend.org

Donations make the printing and distribution of this newsletter possible.

Your tax-deductible contributions are greatly appreciated and should be sent to:

M.E.N.D.
P.O. Box 1007
Coppell, TX 75019.

If your gift is made in memory of a baby, please include that baby's name (if named), date of birth and/or date of death, the parents' names, and the name of the benefactor. You may also include the cause of death (if known).

Visit our web site at:
<http://www.mend.org>

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